



# How to FLEX at Inglewood

2021-2022



## What is FLEX at Inglewood?

- FLEX is a 30-40 minute period of time twice per week when students can get the help and support that they need at school
- FLEX is every Tuesday 9:41-10:11am and Thursday 9:26-10:06am

## Why do we use FLEX at Inglewood?

- We use FLEX at Inglewood to provide students with the additional support that they need to be successful at school
- FLEX support includes academic, social and emotional supports and also provides one day per month for school clubs to meet



## What do I need to do to FLEX?

### There are 4 easy steps to FLEX

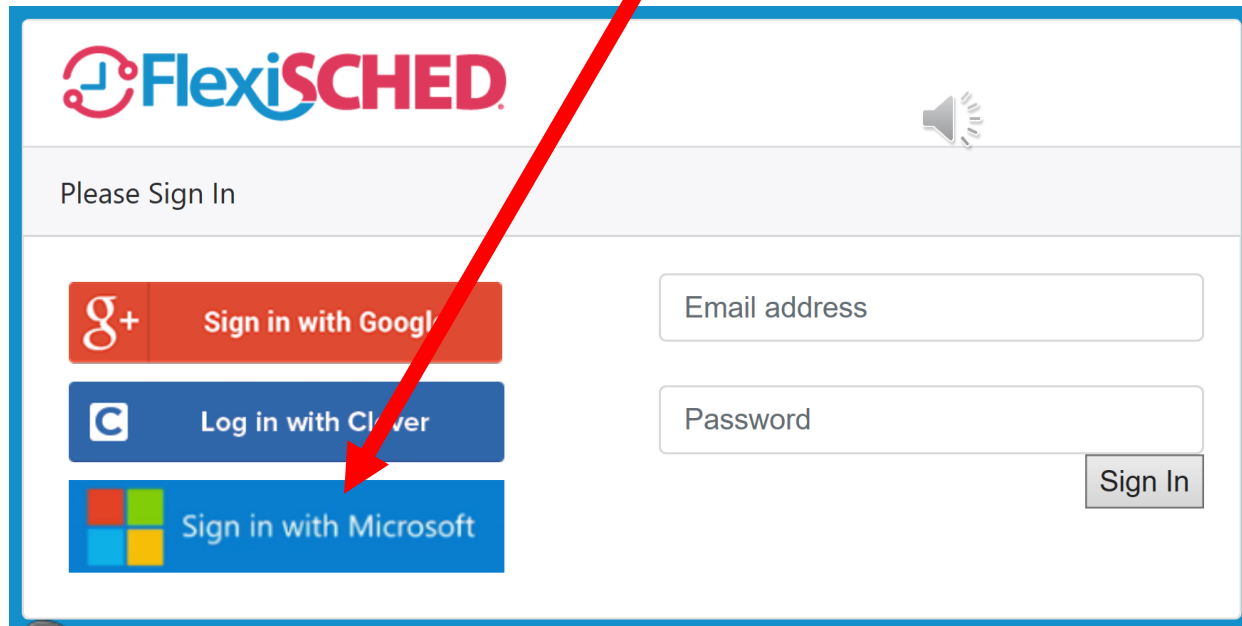
1. Use Flexished to make your FLEX session choice
2. Complete your FLEX check on **Tuesday** and **Thursday** mornings
3. Review all FLEX offerings in Flexished
4. On the day of FLEX go to the FLEX session that you are signed up to attend – the teacher of the FLEX session will be expecting you 😊

# Step 1: Flexisched

<https://inglewood.flexisched.net/>

“Flexished” is the online program that we use at Inglewood to organize all FLEX session offerings in one digital place.

*Click “Sign in with Microsoft”*



Need help with login?  
Ask your teacher or see Ms. Maule  
in the counseling office.



Here’s a **pro tip**:

Save Flexished as a favorite in your web browser for easy access in the future



## Step 2: FLEX check

- At IMS we FLEX check on Tuesday and Thursday during morning announcements
- A FLEX check is your opportunity to double check that you are signed up for FLEX sessions.

FLEX



Here's a **pro tip**:

During a FLEX check don't forget to check that you are signed up for FLEX on Tuesday and Thursday

# Step 3: Review all FLEX offerings in Flexisched

Flexisched is the online program where you can review all of the FLEX offerings in one place



Here's a **pro tip**:

Use "display" to show 10, 25, 50 or all FLEX session offerings per page

These color-coded boxes show the categories of FLEX session offerings

These boxes show what you are currently signed up for



Search for a FLEX here

Teacher

Content area

FLEX sessions that the teacher is offering that week are listed here



## Step 4: Attend FLEX!

- Remember to look at the classroom listed in Flexisched during FLEX check
- At FLEX go directly to the FLEX session that you are signed up for
- Your teacher will be taking attendance

Tuesday		
1st p.	7:50 AM	8:43 AM
2nd p.	8:48 AM	9:36 AM
FLEX	9:41 AM	10:11 AM

Thursday		
2nd p.	7:50 AM	9:21 AM
FLEX	9:26 AM	10:06 AM



# Calendar

Inglewood  
students trained in  
FLEX process

Tuesday, Sept. 7<sup>th</sup>

First IMS real  
FLEX

Thursday, Sept. 9<sup>th</sup> during FLEX

Thursday, Sept. 9<sup>th</sup> morning

Don't forget to FLEX  
check during morning  
announcements



Time to  
practice!

- Now is a good time to practice logging in to Flexisched and signing up for a FLEX
- Can you...
  1. Login to Flexisched?
  2. Access all FLEX session offerings?
  3. Sign up for a Tuesday FLEX?
  4. Sign up for a Thursday FLEX?
  5. Show / help a classmate make their selection of a FLEX?